

## VISION

A life of dignity with acceptance, support and security for people with Alzheimer's disease and other dementias.

## MISSION STATEMENT

To respect people with Alzheimer's disease and their caregivers; to improve their quality of life through support, information, education and promotion of research.

## SERVICES/PROGRAMMES

- Monthly support group meetings
- Awareness programmes
- Education and training
- Lecture discussions
- Video presentations
- Seminars
- Workshops
- Activities for caregivers and persons with Alzheimer's Disease and other dementias

## PORT-OF-SPAIN SUPPORT GROUP

First Saturday of each month  
15 Nepal Street. St. James  
10.00 a.m.—12.00 noon.

Contact (+1 868) 683-9382/ 632-1168

## ARIMA SUPPORT GROUP

Second Saturday of each month  
Arima Town Hall, Sorzano St. 10.00 a.m.—1.00 p.m.

Contact (+1 868) 292-4387/ 382-4904

## SAN FERNANDO SUPPORT GROUP

Last Saturday of each month  
Our Lady of Perpetual Help, R.C. Church  
Community Hall, Harris Promenade, San Fernando  
2.00 p.m.—4.00 p.m.

Contact (+1 868) 315-1717/ 778-1832

## TOBAGO SUPPORT GROUP

Second Tuesday of each month  
Division of Health & Social Services Senior Activity  
Centre, 47 Rockley Vale Rd, Scarborough  
4.00 p.m.—6.00 p.m.

Contact (+1 868) 776-6925/ 639-2445






## ALZHEIMER'S ASSOCIATION OF TRINIDAD AND TOBAGO





“Sharing the Caring”

Member of  
Alzheimer's Disease International  
since 2004

## Find us on:

-  @AlzTrinbago
-  Alzheimer's Association of Trinidad and Tobago
-  Alzheimer's Association of Trinidad and Tobago
-  www.alztrinbago.com
-  AlzTrinbago

## Contact Us

-  alztrinbago@gmail.com
- Office Hours: 9.00 a.m. - 2.00 p.m.
-  Tuesdays, Thursdays & Fridays
- Contact: (+1 868) 225-8764
- Out of Office Hours
- Contact: (+1 868) 345- 6549

15 Nepal Street, St. James,  
Port-of-Spain  
Trinidad and Tobago  
(+1 868) 225-8764

Registered Non Profit Organisation  
Reg. No: A2403 (95) dated 16. 6. 2000.

## ROLE OF ALZHEIMER ASSOCIATIONS

According to Alzheimer's Disease International (ADI), the international federation of Alzheimer associations around the world, Alzheimer associations bring people with Alzheimer's disease and other dementias, their carers and family members, health and social care professionals, researchers, scientists and politicians together through shared concern for people with dementia.

([www.alz.co.uk/the-role-of-alzheimer-associations](http://www.alz.co.uk/the-role-of-alzheimer-associations)).

An Alzheimer support group is a gathering of people who are caring for persons with Alzheimer's disease or another form of dementia. Such groups provide mutual support to members and help them cope better with caring.



First family supported by the Association

Alzheimer associations are dedicated to providing support to people with dementia and their carers through:

- Practical and emotional help such as help lines and support groups
- Information and advice
- Advocacy to governments
- Training for carers and professionals

Some more established associations also provide services and undertake research.

## ALZHEIMER'S ASSOCIATION OF TRINIDAD AND TOBAGO MILESTONES

- The Association registered as a Non-Profit Organisation in 2000 and became a provisional member of Alzheimer's Disease International (ADI)
- The Association was admitted to ADI as a full member in 2004
- Through an ADI Twinning Initiative, the Association was formally twinned with Alzheimer Society Canada in 2006
- The Arima Support Group was launched in 2006.
- In 2017, the Association in partnership with the ADI hosted the 4th ADI Non-Latin Conference where the Alzheimer's Associations of the Caribbean (AAC) was launched.